



## Newsletter Jan 16<sup>th</sup> 2024



### **Dates to Remember**

20<sup>th</sup> January (Saturday 5pm) Confirmation - 6<sup>th</sup> class Parish Sacramental programme.

22<sup>nd</sup> January Calasanctius taster day for 6<sup>th</sup> class boys who have accepted a place in Calasanctius

24<sup>th</sup> January – Grandparents Day



### **Stay Safe Programme**

Over the next few weeks all classes are engaging in the Stay Safe Programme.

The aim of the Stay Safe programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and emphasises the importance of telling a trusted adult about any problems they have.

The Stay Safe programme is part of the Social, Personal and Health Education curriculum which all primary schools are required to implement.

Please see letter attached with links attached sharing contents of the programme etc.

## **Calasanctius Taster day**

Monday 22<sup>nd</sup> January.

All 6<sup>th</sup> class pupils who have been offered a place in Calasanctius secondary school are invited to attend a 'taster day', on Monday 22<sup>nd</sup> next from 9 10am to 2 40pm. All details pertaining to the day have been sent via email from Calasanctius to parents.

As the boys who are attending the taster day are not in school that day they will be marked absent on our roll. The boys will be going directly from home to Calasanctius on the day.

We hope they find the day beneficial and enjoyable.

## **Swimming – 5<sup>th</sup> class**



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Swimming will commence for 5<sup>th</sup> class Thursday next week (25<sup>th</sup> January). A separate letter will be sent to all parents of 5<sup>th</sup> class teachers with payment details etc.

## Catholic Schools Week 2024 – Communities of Service

As Part of Catholic Schools week we are delighted to welcome Grandparents in to visit our school and to see their Grandchildren and their friends in their learning Environment. We acknowledge and appreciate all the Grandparents contribute to society and we wish to celebrate that and learn from them on Grandparents Day.

Grandparents Day will take place on Wednesday 24<sup>th</sup> January- at 11 30am in our school hall.

To help us with planning and to ensure we have adequate space, we are asking parents to please complete the following google form.

<https://forms.gle/qcB4VwtMkvteickg6>



**6<sup>th</sup> class Hoodies**

GM school wear (Claregalway) are calling to the school next week to get our 6<sup>th</sup> class boys fitted for hoodies and to take an order from those who wish to order a Hoodie. They will cost 30€.

## **HSE Podcasts – Talking Health and WellBeing Podcasts –**

We've been asked to share the following information with our school community in an effort to support Wellbeing. You may find some of the podcasts helpful. Please click on hse poscast link at the bottom of this notification. (not image links below)



### **PARTNERSHIPS**

#### **HSE Talking Health and Wellbeing - PODCASTS**

The HSE Health and Wellbeing team have developed 'Talking Health and Wellbeing' podcasts, available on various platforms, focussing on a variety of different issues, including:

[Ten Tips for a Healthy 2024](#)

[Winter Wellness](#)

[Healthy Lunch Boxes for Kids](#)

[Active Work Places](#)

[ALL podcasts](#)

*Please share across your school community.*

<https://hsepodcasts.podbean.com/>

### **Election Days**

As Scoil Iósaif Naofa is a voting station, the school will be closed on 8<sup>th</sup> March and the 7<sup>th</sup> June for upcoming referendum and the European elections.

We will inform you again closer to the dates.