



Dates to remember

Dec 6th - senior boys 4-6th class perform in the Galway Clinic time 12.00pm

Dec 13th - Christmas Cake sale –Santa visits Scoil Iósaif Naofa- see letter from Parents Association attached

Dec 18th Christmas Plays -1st and 2nd class plays 1st class 6pm - 2nd class 7pm

Dec 19th Christmas Play 3rd Class – 7pm



Boys 4th- 6th classes are looking forward to their annual trip to the Galway Clinic on Friday to perform at the Clinic's annual awards ceremony. It is a privilege and a wonderful experience for the boys. Huge thank you to their teachers Ms O Connell and Ms Conneely and Ms Lillis who have prepared them. Parents welcome – 12.00pm

Boys are to be dressed in full uniform and are requested to bring a red Santa hat. Permission notes to be returned by Thursday at the latest.



Thank you

A big thank you to Medtronic and especially to Peter Serena (Step dad of Anthony Pajak 6th class for initiating the process) who donated 8 laptops to the school. We are very grateful and the boys and teachers will benefit from having the extra IT equipment.

We also wish to thank Ali Akman of Soltech Repair Centre, Oranmore who donated laptops to the school.

Please label your sons jumper and jacket. 2-3 jumpers are found most weeks lying around the yard. More often than not they are not labelled.

Emotion Coaching

Last week all staff received training on emotion coaching as a strategy for dealing with children with behavioural concerns. Emotional coaching is a communication strategy which supports young people to self-regulate and manage their stress responses.

We would advise any parent who needs help in supporting their child self regulate to look into this communication strategy or approach the school for further information.

The following are the steps of Emotion Coaching

- 1) Recognise the child's feelings and empathise with them.
- 2) Validate the feelings and label them. Eg 'You are sad, I'd be sad too if that happened to me'
- 3) Setting Limits and expectations of behavior (if needed)
- 4) Problem solve with the child.

See paper attached for further reading if you are interested in exploring this area.